



SMARTTRACK
COLLEGE SUCCESS
The Smartest Way to Navigate College

The Vanhoves Family — Claire, English Major

Status: Graduated with Honors

"Our daughter Claire has always loved reading and writing, so majoring in English felt like the perfect fit. But once she got to college, the pressure hit harder than we expected. The expectations for writing at the college level were intense—she was juggling back-to-back research papers, struggling to interpret dense literature, and starting to doubt whether she was really cut out for the major. As her parents, it was painful to watch her confidence take such a hit."



"That's when we found SmartTrack and connected with Dr. Terrell. From day one, he understood exactly what Claire was going through. He helped her break down overwhelming assignments into structured, manageable steps and gave her practical tools to improve her writing and time management. Just as importantly, he addressed the imposter syndrome head-on—helping her see that she *did* belong, and that her voice mattered."

"With Dr. Terrell's consistent support, Claire not only stayed in her major—she excelled. She regained her confidence, presented her senior thesis with pride, and graduated with honors. She's now exploring graduate programs in English and Communications, and she finally believes in her future again. We're so grateful SmartTrack was there when she needed it most."

— **Janelle Vanhoves, Parent**